IMPROV FOR WORK

BRISTOL & ONLINE

tilt

Silliness on solid ground.



See your team from a new angle.

Hands-on improv training, grounded in psychology, for teams who want to listen better and build on each other's ideas.

LISTENING • COLLABORATION • CREATIVITY • CONFIDENCE

LED BY

Stephen Brown

tiltimprov.co.uk

WHY IMPROV

Work is mostly improvised.

Picture the meeting where the agenda falls apart in the first five minutes. Someone has to listen, pick up what's there and build on it. That's improv.

We train it on purpose. Our sessions are behavioural training, not games in a function room that you'll never use. Every exercise draws on coaching and business psychology, and links back to the work your team actually does. It's practical, it's active, and yes, it's fun.

OUR LINE

Silliness on solid ground.

A playful room, built on real craft and clear standards. People are braver when they feel safe, so we make the room safe first.

WHAT WE WORK ON

01 Listening
Hearing what's actually said, not waiting for your turn to talk.

02 Building on ideas
"Yes, and" instead of "yes, but", so ideas grow instead of getting shot down.

03 When the plan changes
Staying calm and useful when things don't go to plan.

04 Speaking up
Presenting, pitching and offering half-formed ideas with less fear.

05 Reading the room
Noticing status, mood and what isn't being said, then adjusting.

06 Inclusion
Rooms where different voices get heard and used, not just invited.

WAYS TO WORK WITH US

Pick your format.

Workshops

90 mins to a full day • 8 to 24 per group

In person, at your venue. Bigger numbers? We run several groups.

Live online

1 to 3 hours • Up to 18 per group

Interactive sessions for remote and hybrid teams, with plenty of doing and very little slide-watching.

Conferences & events

30 minutes to a full day

Interactive keynotes, warm-ups, breakouts and away days that get a room talking. Delegates can learn a few skills, then play alongside us.

Performances

30 minutes upwards

Improvised scenes and stories built live from your event's themes. A lift before a keynote or a treat at the end of a long day.

POPULAR TOPICS

- Effective teamwork
- Communication
- Creative leadership
- Presenting and pitching
- Status and influence
- Improv for teaching & facilitation

HOW IT WORKS

1

Chat

A free, no-pressure conversation about your team and what you want to change.

2

Design

We build a session around your goals, not an off-the-shelf set of games.

3

Deliver

We run it. Everyone joins in at their own pace, and nobody is made to perform.

4

Follow up

We help you look at what's changed and what comes next.

WHAT CLIENTS SAY

In their words.





A fun, impactful session that encouraged team building and opened up communication. I'd highly recommend it.

ADELE, CAMPAIGNS MANAGER

Great facilitation... it was a really engaging and fun session... Getting into a creative mindset, pushing boundaries further.

MICHAEL, HR MANAGER

The session was absolutely fantastic, and ticked all the boxes. It was engaging, fun and insightful.

KATHRYN, COMMUNICATIONS OFFICER

Improv has so much to teach us about communication, interaction and cultivating healthy workplaces.

PETIA, ASSOCIATE DIRECTOR

WHO YOU'LL WORK WITH

Meet Stephen.



Stephen Brown

BUSINESS PSYCHOLOGIST & COACH

Stephen has spent 20+ years facilitating and coaching across the NHS and universities, and nearly a decade running workplace improv, for law firms, universities, SMEs, the NHS and the Civil Service.

He's an ILM Level 7 qualified executive coach, and trained in improv at The Second City (Toronto), The Free Association (London) and Bristol Old Vic.

His sessions mix improv with coaching psychology. The play is the way in, and the psychology is what makes it useful back at work.

- **Bigger group, or an event?** Stephen brings in other experienced facilitators and performers to match.

Let's talk.

Tell us about your team and what you'd like to be different. The first conversation is free, and every session is designed and priced to fit.

hello@tiltimprov.co.uk

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